

MARLE HALL

OUTDOOR EDUCATION CENTRE

ACTIVITY LIST

MOUNTAINEERING

We have lots of mountains to climb! We can take a day walk, a scramble or an expedition to all of Snowdonia's beautiful peaks depending on the groups' ability and weather conditions.

ROCK CLIMBING/ABSEILING

We often climb at single pitch cliffs (no higher than 50 metres). Students are encouraged to hold each others ropes (belay) and support each other. Sometimes we use indoor walls and for those with some experience we may find ourselves on multi pitch routes.

CANOEING AND KAYAKING

Either in large open canoes or single person kayaks, we paddle on the local lakes, rivers and the sea. Being just outside Llandudno offers a range of excellent venues. Our emphasis is on progressive learning.

GORGE WALKING

Our favourite wet activity! Following the course of a river, through the rocks and pools depending on the conditions and the groups' ability.

HIGH ROPES CHALLENGES

We have three to choose from:

The Zip Wire - a fast line starting at a high platform and finishing with an abseil down.

The High Ropes - a journey through a high level course involving clipping and unclipping yourself into safety systems (Age 14 and above).

The BLT - Climb to a high BELL

- Balance along a high LOG
- Jump for a suspended TRAPEZE

ORIENTEERING

Running or walking (whichever takes your fancy!) through our grounds and large woodlands in search of clues and hidden markers. Great fun for all ages!

PROBLEM SOLVING

How good are you as a team? Can you cross a shark infested swamp or make your way through a giant spiders web with your team mates? We have lots more challenges to test you.

LOW ROPES

Our on-site course offers a range of low challenges suitable for all ages and abilities.

MINE EXPLORATION

Into the dark unknown, exploring disused slate caverns and lead mines - this could take all day or just a few hours.

SEA LEVEL TRAVERSING

Climbing sideways, along the sea cliffs. It could involve some swims and jumps depending on conditions. It will definitely involve a soaking.

EXPEDITIONING

Whether by foot, canoe or bike we can take you to many wonderful places. Take a tent and make a few days out seem like a lifetime away.

FIELD STUDIES.

At Marle Hall we have a wealth of experience and expertise in field studies. You may want to bring a GCSE or A-level group or perhaps build some field studies into your activity programme. Our position alongside the coast and close to the mountains is ideal for a wide range of field study activities.

ENVIRONMENTAL AWARENESS

We focus on environmental issues/awareness on all our courses. If you would like to specialise in this area we can build a course to suit your needs. This could include mountain, rivers or seashore studies.

DRY SLOPE SKIING

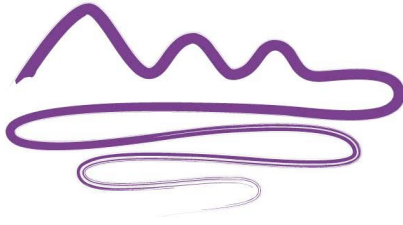
There's not much snow in Llandudno! But there is a great dry slope suitable for beginners and experienced skiers alike. We can make a booking for you to ski or you and your team may fancy a blast on the toboggan run.

MOUNTAIN BIKING

With a least 75Km of dedicated mountain bike tracks just 20 minutes away we offer some of the best biking in the country. Many of our groups hire bikes and a guide for half a day at very competitive prices.

TEAM BUILDING

We have a variety of team building courses and events available for all ages. Whether you are looking to improve your class's teamwork or you are a company looking for a corporate course we can structure a course especially your for you.



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ACTIVITY LIST FOR PRIMARY

CONWY MOUNTAIN

A pleasant walk over the hills behind Conwy on good footpaths. Iron Age fort on summit. Excellent for views. 15 minutes drive from Marle Hall. If combined with visit to Conwy Town and Castle in afternoon, groups can walk back, thereby not needing transport, except for run-out to the start.

CONWY 13TH CENTURY CASTLE AND WALLS

Good for studies of castles and medieval realms. Interesting inside but needs good supervision as some areas are potentially dangerous. Parties from Marle Hall can enjoy access to the castle, free of charge, if booked in advance. Well laid-out Visitors' Centre and plenty of information available. Guides can be arranged at small fee.

THE GREAT ORME

Steep walk to the summit or take the Great Orme Tramway (summer only). Visitors' Centre with free exhibition of history and wildlife. Good adventure playground on summit. This is also a fossil quarry. Elephant Cave - large open cavern with an exciting little squeeze through a small dark tunnel (helmets and torches required).

SEASHORE STUDIES

ABERFFRAW 20 minutes walk along a river to excellent rock pools, full of life and inspiring to look at. Sandy shore with extensive sand dune system on other side of the estuary.

NEWBOROUGH WARREN Large stretch of sandy bay leading to Llandwyn Island with ruined church and lighthouse. A lovely walk but not as much seashore life as Aberffraw. Behind the beach is Newborough Forest, an extensive forestry plantation. Good for sheltered walks in wild weather. Permits required for groups.

PENRHYN BAY Local beach nearer the Centre. Looks an uninspiring beach with little seaweed cover, but abundant animal life at times. This is used when tides are not good at Aberffraw.

ANGLESEY SEA ZOO, BRYNSIENCYN

Excellent visit with a variety of large aquaria containing a huge range of sea life. Trout farming, lobster hatchery, café, shop and adventure playground. Special rates for groups. Good worksheets. Well worth combining with a visit to nearby Aberffraw or Newborough Warren.

RIVER INVESTIGATIONS

Rivers is one of the four specified thematic studies in geography at Key Stage II. There are several rivers good for a variety of studies and investigations within easy reach of Marle Hall. The Centre, has detailed briefing sheets for these, recording sheets, equipment for measuring and software for processing data.

ABER VALLEY NATURE TRAIL

A walk (2½ miles) along low, fairly sheltered valley, to impressive waterfall. Ideal for introducing the basics of ecology and study of comparative habitats, (coniferous and deciduous forest, marsh, farmland etc.)

CWM IDWAL NATURE TRAIL

Walk up to and around a mountain lake on well maintained footpaths. Classic examples of glaciated features. Excellent for mountain ecology and to experience a mountain atmosphere. Does not require a qualified mountain leader.

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